# **Dowsing** What is it all about?

E-book

Alexandra Borowska Your home creates your future



## What is the purpose of dowsing?

The ultimate aim of dowsing is to create healthy and harmonious surroundings, either in your home, office or work space.

Dowsing enables us to neutralise sources of environmental stress, for instance geopathic stress and electromagnetic disturbances.

#### How much does geopathic stress affect us?

It brings you into a beta brainwave pattern and induces stress in the cells in your body.

It influences us all the time when we are present at the affected location and leaves its imprint when you leave the location.

It prevents grounding positive changes in your life, weakening your health and success potential.

It is not possible to overcome it permanently with positive thinking and visualisations.

#### How do we work?

By using dowsing rods we are able to establish the sources and directions of negative energy.

#### What do we dowse for in basic dowsing?

During the dowsing session we are looking for:

- Geopathic stress, Hartmann/Curry lines, interference lines, personal zones, negative vortex, energy forms.
- The session will include space clearing to remove potential blockages connected with the property's history.

### How do we neutralise negative energy?

We carefully place copper bars and rings. Copper has the ability to hold a message or intention long term. It works as a transducer between the message and matter. This is far more effective than placing the intention only.

### How quick does it work?

If there is a lot of geopathic stress and other disturbances, we may consider doing the dowsing and space clearing over several sessions to give your body time to adjust and cleanse. Sometimes the effects are visible immediately or after some time depending on the scale of work that had to be done, and on your sensitivity.

#### How dowsing can help?

- Dowsing helps you to access alpha brain wave state and higher waves (it can be proved with the use of an encephalogram).
- A dowsed house or work place is vital to successful recovery from illness, deep relaxation, mental and emotional harmony, clarity and creativity.
- It positively influences your overall well-being; your vitality, immune system, focus and sleep.
- It helps you de-clutter.
- It is easier to sell or rent out a house that has been dowsed (Feng Shui will play here a significant role as well).

### Can dowsing be done on distance?

Yes, it is equally precise and effective if done on distance.

## When I move out of a property, does it mean that all the stress related to the place stops influencing me?

The environment has a profound influence on all levels of our well-being. Depleting energy, in the form of geopathic stress, modern technology and energy forms affect us when we live in a place. But when it is intense, it can leave energetic scars/blockages present in our energy field even after we have moved out or away. By the Law of Attraction, we may attract similar places and experiences.

Dowsing your past properties on a plan and applying transformational techniques allows us to release those blockages.

#### Can dowsing support my inner evolution?

Over the centuries, people have been drawn to powerspots like stone circles, cathedrals or big positive vortices in nature. These are the places of deep reflection, inspiration and 'aha-moments'. Knowing their potential, people would intuitively try to tap into it, and even conduct rituals on certain dates.

Nowadays, it is possible to create your own, permanent 'light centre', at any time, within your own home, with the help of Quantum Diamond Dowsing. It creates vortices of light, anchors the energy, enhances protection, inspiration and the power of manifestation. It brings your house to a whole new dimension and supports your inner evolution.



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